



# **FEBRUARY 2012** Dates for Diary

*Augher/Clogher  
Baby & Toddler Group  
OPEN DAY*

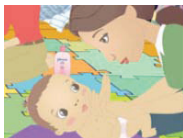


*23<sup>rd</sup> February 2012  
In  
Clogher Legion Hall  
10.30 am to 12 noon  
**Refreshments available***

# BABY NEWS



**'Baby Clinic'** Every Monday at Ballygawley Health Centre 10am to 11am. Drop In to speak to a Health Visitor with any of your queries, no appointment needed.



**'BABY MASSAGE'** a six week programme starts on 22<sup>nd</sup> February 10.30 to 11.30 in Ballygawley Early Years Centre. Come along to learn and practice a lovely baby massage routine which will help soothe and relax baby. Baby Massage can help colic, constipation and digestive problems. It helps support the immune and respiratory systems. It promotes bonding and is fun.

***A bottle of oil and instruction leaflets are provided.***

**Please remember to book your place!**

## TIME FOR MUM



Ante- natal Pilates starting Saturday 28<sup>th</sup> January for 6 weeks in Fivemiletown College 11.30- 12.30.  
**(Suitable from 12weeks of pregnancy)**

Post- natal Pilates starting Tuesday 31<sup>st</sup> January for 6 weeks in Fivemiletown College 10am to 11am.  
**(Suitable from 6 weeks post- natal up to 1 year)**

**Please contact the office if you are interested to book your place on 8554 9898**

# TODDLER TIME



## SNAPPY SOUNDS

### **6 week 'Walk n Talk' Music and Rhyme Programme** *(for children aged 18 months – 2 ½ years.)*

in

Blessingbourne Estate, Fivemiletown  
From Tues 14<sup>th</sup> Feb to Tues 20<sup>th</sup> March  
10.15am to 11am

### **6 week 'Upsey Daisy' Music and Rhyme Programme** *(for children who are walking to aged 18 months)*

In

Blessingbourne Estate, Fivemiletown  
From Tues 14<sup>th</sup> Feb to Tues 20<sup>th</sup> March  
11.45 to 12.30pm



### **6 week 'Movers and Shakers Programme** *(for children aged 2 years to 4 years)*

In

Valley Hotel, Fivemiletown  
From Friday 17<sup>th</sup> Feb to Friday 30<sup>th</sup> March  
11.15am to 12noon

**Booking is essential for above programmes as spaces are limited.**  
**Call the office on 8554 9898 to book your place!**

# Come and have fun with

## Play n Stay

Fun for all the family! These sessions provide fun activities with lots of ideas to bring home.

Wednesday 1<sup>st</sup> February in CVSS Office – 3pm to 4pm

Monday 20<sup>th</sup> February in Blessingbourne, Fivemiletown

Tuesday 21<sup>st</sup> February in Legion Hall, Clogher

Wednesday 22<sup>nd</sup> February in Early Years Centre, Ballygawley

Thursday 23<sup>rd</sup> February in Aughnacloy Golf Club

Above sessions run from 1.30pm to 2.30pm

Theme of the Week 'Ready, Steady, Go'

## Toy Exchange

Every Wednesday in CVSS Office 3pm from 4.30pm

Evening Toy Exchange on Wednesday 1<sup>st</sup> February in CVSS Office 4pm to 7pm



## Storytelling

Every Friday in Fivemiletown Library 10.30 – 11am

Dad's Twilight Storytelling on Wednesday 1<sup>st</sup> Feb  
(see feature on back page.)

Please note no storytelling in Ballygawley on a Monday!

# Our Play Development Workers

## Playgroup Toy Exchange

Aughnacloy Playgroup – Thurs 16<sup>th</sup> February (am & pm)  
Ballygawley Playgroup – Mon 6<sup>th</sup> February  
Clogher Valley Playgroup – Thurs 9<sup>th</sup> February  
Fivemiletown Nursery – Tues 7<sup>th</sup> February  
Kids R Us Playgroup – Tues 7<sup>th</sup> February  
Woodland Adventure Playgroup – Wed 15<sup>th</sup> February

## Input to Baby and Toddler Groups Toy Exchange and Activity

Aughnacloy B & T Group – Mon 6<sup>th</sup> & 20<sup>th</sup> February  
Ballygawley B&T Group – Tues 7<sup>th</sup> & 21<sup>st</sup> February  
Fivemiletown B&T Group – Wed 8<sup>th</sup> & 22<sup>nd</sup> February

Week 1 – Theme 'Building Blocks'

Week 2 – Theme 'Little Cook'

## Health Visitors input to Baby & Toddler

Ballygawley B&T Group – Tues 9<sup>th</sup> February  
Fivemiletown B&T Group – Wed 29<sup>th</sup> February

## Playgroup Cluster Meeting

For Playgroup Committee Members  
On Thursday 9<sup>th</sup> February at 7.30pm  
In CVSS Office, Augher

Please confirm your group attendance on 8554 9898

# Speech & Language



## **Make Chatter Matter Event**

On Friday 3<sup>rd</sup> February  
In Garden Suite, Corick House, Clogher

*Theme of the morning 'SHAKE, RATTLE and ROLL'*

Children will get an opportunity to engage in musical activities.  
Musical activities can stimulate language development.

Please book your place by Wednesday 1<sup>st</sup> February!

## **Tips for Talking Information Session**

On  
Thursday 23<sup>rd</sup> February at 7.30pm  
In CVSS Family Room, Agher

Come along and get tips and advice on developing your child's  
speech and language skills.

Contact Patricia for more information.

**Please book your place on 8554 9898!**



## **Citizens Advice Bureau**

Outreach session on Monday 13<sup>th</sup> February.  
Please ring the office to make an appointment on 8554 9898.

# Childminders Corner

Cluster Meeting on 7<sup>th</sup> February 2012  
in CVSS Family Room, Augher  
8pm to 9.30pm

*Preparation for Inspection*

*Receive your 'Fire Risk Assessment for Childminders Booklet'*

TODDLE INN  
On 9<sup>th</sup> February 2012  
10.30am to 12noon  
In Legion Hall, Clogher  
*'It's not just a box'*



## Saturday Club

An ideal opportunity for working parents to spend some special quality time with your children.

### 'TIME 4 PLAY'

Time 4 Play is a four week programme for children aged 2yrs to 4yrs.

**Where:** 2's Company Building, Clogher

**Time:** 11.30pm - 12.30pm

**When:** Saturday 4<sup>th</sup> to Saturday 25<sup>th</sup> February

**Please remember to book your place!**

# NEW PROGRAMME



**ME and My Daddy**  
**'Dad's Twilight Storytelling'**  
**Starting**

**Wednesday 1<sup>st</sup> February**  
**In**  
**CVSS Family Room**  
**6.30 – 7pm**

**Come along ready for bed for a cosy  
storytelling and rhyme session.**

**Please contact the office to book your  
place on 8554 9898**

*Watch out for **WORLD BOOK DAY EVENT**  
on **2<sup>nd</sup> March** in your next **Dates For Diary!***